

School of Psychology

Psychology Careers Seminar Series Spring 2012



A specialist programme for second and final year students to find out more about Psychology related careers and internship/volunteering opportunities

PSYCHOLOGY CAREERS TALKS

To sign up for the talks please go to www.as.bham.ac.uk/careers/les and scroll down to Psychology Careers Seminar Series in School of Psychology section

DATE & VENUE	TOPIC	PRESENTER
Wednesday 18 th January Haworth 101 12-1pm	Getting into Clinical Psychology	Dr Theresa Powell Associate Director, Doctorate in Clinical Psychology
Wednesday 25 th January Haworth 101 12-1pm	Getting into Counselling	Lata Patel Specialist Clinical Counsellor West Midlands Rehabilitation Centre in Selly Oak
Wednesday 1 st February Haworth 101 12-1pm	Getting into Educational Psychology	Sue Morris - Director of Professional Training in Educational Psychology
Wednesday 8 th February Haworth 101 12-1pm	Getting into Sports Psychology	Tom Bates Freelance Sport Psychologist who works with Birmingham City FC
Wednesday 15 February Haworth 101 12-1pm	Alumni panel presentation – Careers in Teaching (Graduate Teacher Programme), Charity Work and working as a Probation Officer	Range of speakers who have recently graduated. Further details to follow
Wednesday 22 February Haworth 101 12-1pm	Getting into Human Resources Management	Malissa Beckford (Graduate Trainee with Jaguar Land Rover) and Geoff Hart (HR Manager for Vaisala)
Wednesday 29 February Haworth 101 12-1pm	Getting into Counselling Psychology	Dr Victoria Galbraith Counselling Psychologist and Senior Lecturer at University of Worcester
Wednesday 7 March Haworth 101 12-1pm	Getting into Occupational Psychology	Dr Matthew Jellis Occupational Psychologist and Programme Director MSc Occupational /Business Psychology
Wednesday 14 March Haworth 101 12-1pm	Volunteering and Work Experience Opportunities in Social Care	Michelle Bird from Aspects Care Further details to follow

How to kick start your career.....

What is your dream career? What job would suit you best? Where would you most enjoy working? Every student asks themselves these questions and many don't explore the many opportunities open to them.

Career development has a different meaning for everyone, depending on where you are starting from. This section will enable you to discover your potential and the career options you can access!

Psychology students gain an impressive range of skills that make them highly employable. Psychology degrees deliver skills employers value such as numerical skills, the ability to understand and work with statistics, effective communication and the ability to work productively in teams and this gives students a real edge when competing with graduates from other disciplines.

Psychology graduates, for example, move into careers in advertising, career counselling, education, the health professions, human resources, management and social services, and of course they also have the option to progress a career in a professional area of psychology, such as forensic psychology.

Find out more about the skills you've gained from your degree so far

It helps to be clear in your own mind what you have to offer and what you want from a career before you select a career that will be right for you. You'll need to look at your strengths, skills, interests and values in all the aspects of your life: your course, your work experience, your extra-curricular activities etc. You can then start to identify what you are good at, how you prefer to work and your main interests.

Find out more about who you are and what makes you tick by browsing the Know Yourself page on Progress via www.my.bham.ac.uk

Studying psychology helps prepare graduates for many different types of work:

Careers for psychology graduates are going to be on the broader canvas than for other, more vocationally trained, graduates, as psychology is an education that prepares people to acquire skills that can be applied to an infinite range of activities. Apart from careers in psychology, psychology is applied to anything that involves people. Psychology graduates will know the significance of being flexible and adaptable and will have the level of confidence to try anything.

Find out more about [What Jobs Would Suit Me?](#)

Psychology students often gain extra work experience and further study which enhances their employability. While graduates from this discipline have many options open to them, it's also true that students know that if they want to apply their psychology theory in the workplace for a range of careers (clinical, education, neuropsychology, forensic, health, sport and so on) they understand a period of further study and work experience – up to 12 months or more – is necessary. Typically these students will have been gaining some relevant experience while at university, through volunteering and internships. Students will continue to build on this when they leave. These experiences will certainly enhance their employability.

Find out more about how you can get ahead – browse the [Get Ahead page on Progress via \[www.my.bham.ac.uk\]\(http://www.my.bham.ac.uk\)](#) and also the [Work Experience pages on the careers website](#)

Some students find making a choice about their career path easier than others, depending on how they make decisions and keep the momentum going. If you find yourself avoiding making decisions and losing interest, the following tips may [help](#).

Your Careers and Employability Team

The College of Life & Environmental Sciences has a designated Careers and Employability team working specifically with students across the College.

The Employability Team includes:

- Sarah Robinson, Julie Wainwright, Lindsay Southall and Amy Horne - Careers Consultants and Careers Advisers
- Carl Jukes, Applications Support Adviser
- Jim Reali, Internship Officer and
- Steph Thorpe, Information Assistant

Look out for members of the team who will be running appointments and advice sessions from satellite locations in College including the Undergraduate Common Room in Frankland Building. For more information and to access appointments, events, workshops, vacancies and more go to www.as.bham.ac.uk/careers/les

How we can help?

Careers Advice: daily 1-to-1, confidential 20-minute appointments at various satellite careers hubs across the College. Book up to 7 days in advance on-line or by telephoning careers reception (0121 414 6120).

Weekly **drop in advice clinics on Internships and CVs/applications** also available at our careers hubs.

Email queries or request feedback on CVs/Applications via our email enquiry service www.as.bham.ac.uk/careers

Our website www.as.bham.ac.uk/careers has details on:

- Graduate jobs and work experience vacancies
- Employer presentations, recruitment fairs on campus and skills workshops
- Applying for jobs including psychometric testing and ways students can improve their employability

Work Experience Bursary Schemes



- These provide financial support to undergraduate students at the University of Birmingham to undertake work experience over the summer vacation period.
- There are different bursaries that students can apply for, of up to £9000.

See www.birmingham.ac.uk/internships/funding for more information, or email internships@contacts.bham.ac.uk

» **PROGRESS** » is a **FREE** online tool to help you:

- Know Yourself
- Understand and Develop your skills
- Keep track of your Achievements
- Discover what Employers are looking for
- Plan your Career

Begin your journey today by logging on to **Progress** via the student portal at www.my.bham.ac.uk

follow us on
twitter

www.twitter.com/LESCareers



www.facebook.com/lescareers

**careers and
employability centre**
create your own future